

**MEN'S GENERAL CHECK-UP  
(Istanbul 1)**

Check-up package includes the following monitoring, observation and tests which will then be evaluated by a specialist:

- 1- Full Blood Count (FBC)
- 2- Erythrocyte Sedimentation Rate (ESR)
- 3- Ferritin, serum iron
- 4- Total Iron Binding Capacity (TIBC)
- 5- Lipid profile (total cholesterol, LDL cholesterol, HDL cholesterol, triglycerides)
- 6- Liver enzymes: AST (Aspartate transaminase), ALT (Alanine transaminase), GGT (Gamma-glutamyl transferase), ALP (Alkaline phosphatase)
- 7- Fasting blood glucose
- 8- HbA1c (glycated haemoglobin)
- 9- Fasting insulin
- 10- LDH (Lactate dehydrogenase)
- 11- Pancreatic enzymes: amylase, lipase
- 12- Creatine kinase (CK)
- 13- Total protein, albumin, globulin
- 14- Electrolytes (sodium, potassium, calcium, magnesium)
- 15- Kidney Function tests (BUN - blood urea nitrogen, creatinine, GFR - glomerular filtration rate)
- 16- Folic Acid
- 17- Vitamins (Vit-D, Vit-B12)
- 18- ASO (Antistreptolysin O)
- 19- Rheumatoid Factor (RF)
- 20- Hepatitis Markers (HBsAg – Anti HBsAg – Anti HCV)
- 21- Infectious Diseases (VDRL and TPHA, anti HIV)
- 22- Thyroid Function Tests (TSH - Thyroid Stimulating Hormone, sT3, sT4)
- 23- Cancer Screening (CEA - Carcinoembryonic Antigen, CA125, CA19-9, CA15-3, CA72-4)
- 24- Electrocardiogram (ECG/EKG)
- 25- Full Urinalysis
- 26- Stool microscopy
- 27- Faecal occult blood
- 28- Male sex hormones (testosterone)
- 29- Bleeding disorders (PT - Prothrombin Time, aPTT - Activated Partial Thromboplastin Time)
- 30- Total Bilirubin, direct bilirubin
- 31- Prostate (Total PSA - Prostate-specific antigen, Free PSA)